

THE INDIAN ARMY

INVITES APPLICATIONS FROM UNMARRIED INDIAN MALE & FEMALE CANDIDATES TO
APPEAR IN RECRUITMENT TRIALS OF OUTSTANDING SPORTSPERSON AS DIRECT ENTRY
HAVILDAR AND NAIB SUBEDAR (SPORTS) INTAKE SER NO 05/ 2025
UNDER SPORTS QUOTA ENTRY

(INTAKE SER NO 05/ 2025)

FOR DIRECT ENTRY HAVILDAR AND NAIB SUBEDAR

MANDATORY INSTRUCTIONS FOR CANDIDATES

CANDIDATES ARE TO TAKE THE PRINT OF THE APPLICATION FORM AVAILABLE AT THE END OF THIS ADVERTISEMENT. APPLICATION FORM ALONG WITH ALL EDUCATIONAL AND SPORTS CERTIFICATES AS PER ADVERTISEMENT ARE TO BE SUBMITTED TO THE OFFICIAL ADDRESS OF ARMY SPORTS CONTROL BOARD.

CAUTION

SELECTION IN THE INDIAN ARMY IS 'FAIR & TRANSPARENT' AND ON MERIT ONLY. AT NO STAGE ANY BRIBE IS REQUIRED TO BE PAID TO ANYONE FOR SELECTION OR RECRUITMENT IN THE INDIAN ARMY. CANDIDATES SHOULD NOT FALL PREY TO UNSCRUPULOUS PERSONS POSING AS RECRUITING/SELECTING AGENTS.

1. **Sports Disciplines.** Indian Army invites application from unmarried Indian male and female candidates for Recruitment Trials of Outstanding sportsperson who have **participated at International/ Junior or Senior National Championship/ Khelo India Games/ Youth Games/ Khelo India University Games from 01 Oct 2023 or after** to join the Indian Army as Direct Entry Havildar and Naib Subedar in the following sports disciplines and sports Championship :-

S No	Sporting Discipline	Specific Event/ Position/Category
1	Athletics (Track & Field events) (Men)	100M, 200M, 110M Hurdle, 400M, 800M, 1500M, 20KM Race Walk, Decathlon, 400M Hurdle, 3000M S/C, High Jump, Triple Jump, Long Jump, Javelin Throw, Shot Put, Discus Throw, Hammer Throw & Pole Vault
2	Archery (Men)	Compound & Recurve (Men)
3	Basketball (Men)	Point Guard, Forward, Power Forward & Centre
4	Boxing (Men)	All Olympic Weight Category
5	Diving (Men)	Spring Board & High Board
6	Football (Men)	Attacking Mid Fielder, Defensive Mid Fielder, Goal Keeper, Defender Centre back, Defender wing back
7	Fencing (Men)	Epee, Foil & Sabre
8	Gymnastics (Artistic) (Men)	All Rounder
9	Hockey (Men)	Striker, Mid Fielder, Defender (Drag Flicker)
10	Handball (Men)	Pivot, Right Back, Right Wing & Centre Back
11	Judo (Men)	- 66 Kg & - 81Kg

S No	Sporting Discipline	Specific Event/ Position/Category
12	Kayaking & Canoeing (Men)	K-1 and C-1
13	Kabaddi (Men)	Left Raider, All Rounder, Left & Right Corner and Left & Right Cover
14	Karate (Men) (Kumite)	67 kg, 75 Kg and -84 Kg (Kumite)
15	Rowing (Men)	All Olympic & Asian Games Class
16	Swimming (Men)	400M, 800M & 1500M (Freestyle) -Long distance. 200M & 400M (Freestyle) - Middle distance event 50M & 100M (Freestyle) - Short Sprinter Event) 50M, 100M & 200M (Backstroke) 50M, 100M & 200M (Butterfly stroke) 50M, 100M & 200M (Breaststroke)
17	Sailing (Men)	Olympic & Asian Games Class
18	Shooting (Men)	50M Rifle 3P, 10M Air Rifle, 10M Air Pistol, 25M Rapid Fire Pistol, Trap & Skeet
19	Taekwondo (Men) (Kyourgi)	Under 87 Kg (Kyourgi)
20	Volleyball (Men)	Setter, Blocker & Attacker
21	Wushu (Men) (Only Sanshou)	48 Kg, 70 Kg and +90 Kg
22	Weight Lifting (Men)	All Olympic Weight Category
23	Wrestling (Men)	All Olympic Weight Category
Note :- Exceptional talent apart from the above mentioned event/ position/ category may also apply. Sports achievement from 01 Oct 2023 or after at International/ Junior or Senior National Championship/ Khelo India Games/ Youth Games/ Khelo India University Games will be considered for the eligibility of a player.		

2. Candidates are advised to take the print of the application form on A4 size paper only as per the prescribed format given at the end of the advertisement. Non-standard application forms will be rejected. The application form completed in all respect (signature, thumb impression & affixing photograph alongwith educational and sports achievement documents) are to be submitted on the official address of Army Sports Control Board. Repetition of dak from individual's address or re-submission of same documents through different address is liable to be rejected. Incomplete application will not be accepted. Army Sports Control Board postal address is as under :-

Directorate of PT & Sports

General Staff Branch

IHQ of MoD (Army)

Room No 747 'A' Wing, Sena Bhawan

PO New Delhi -110 011

3. The selection trial is valid for **DIRECT ENTRY HAVILDAR AND NAIB SUBEDAR (SPORTS) INTAKE 05/2025 ONLY**.

4. Submission of filled application form shall commence from **date of advertisement and will close at 1700h on 15 Dec 2025**.

5. **Eligibility Criteria.**

5.1 **Direct Entry Havildar.** Terms and Conditions for Enrolment as Direct Entry Havildars. The broad terms and conditions as applicable to these personnel are given in the succeeding paragraphs:-

5.1.1 **Age.**

5.1.1.1 The age limit for enrolment will be from 17 ½ to 25 years should have completed 17 ½ on the first day of enrolment period and must have not crossed 25 yrs on the last day of enrolment period.

5.1.1.2 **Date of Birth Block.** Candidates born between **31 Mar 2001 to 01 Apr 2008** (both dates inclusive) are eligible to apply.

5.1.2 **Physical and Medical Standards.** As per Service norms.

5.1.3 **Educational Qualification.** Minimum educational qualification will be matriculation.

5.1.4 **Sports Achievements.** The selection will be made from out of those who have represented as under in any of the sports and games specified as above :-

5.1.4.1 Individual should be a **Medalist** at Junior/ Senior level by representing State in National championship or should have represented Country at International level (**Indl event**).

5.1.4.2 Individual should have represented a State or Country in National or International competitions at Junior/ Senior level (**Team event**).

5.1.4.3 Individual should be a **Medalist** in Khelo India Games & Khelo India Youth Games & Khelo India university games.

5.2 **Direct Entry Naib Subedar.** Terms and Conditions for Enrolment for Direct Entry Naib Subedar. The broad terms and conditions as applicable to these personnel are given in the succeeding paragraphs:-

5.2.1 **Age.**

5.2.1.1 The age limit for enrolment will be from 17 ½ to 25 years should have completed 17 ½ on the first day of enrolment period and must have not crossed 25 yrs on the last day of enrolment period.

5.2.1.2 **Date of Birth Block.** Candidates born between **31 Mar 2001 to 01 Apr 2008** (both dates inclusive) are eligible to apply.

5.2.2 **Physical and Medical Standards.** As per Service norms.

5.2.3 Educational Qualification. Minimum educational qualification will be matriculation.

-4-

5.2.4 Sports Achievements :-

5.2.4.1 Individual should be winner of any medal in World Championship/ Asian Championships.

5.2.4.2 Individual should be winner of any medal in Asian Games.

5.2.4.3 Individual should be winner of any medal in CWG/World Cup.

5.2.4.4 Represented India **twice** in Asian Games/ Commonwealth Games/World Cup.

5.2.4.5 Represented India in Olympics.

(c) **Women Direct Entry Havildar/ Naib Subedar.** Women who meet the above mentioned QR similar to male candidate may apply.

6. **Marital Status.** Only unmarried male and female candidates will be eligible for enrolment as Direct Entry Havildar and Naib Subedar (Sports).

7. **Selection Criteria.** Deserving candidates would be called to appear for trials at designated Army Centres. The candidates qualifying physical fitness test, physical Standards test and skill test will undergo medical examination at trials site itself. The offer of enrolment will be forwarded to the selected candidates only, which will be strictly determined by requirement in particular sports disciplines and availability of vacancies. Request for change of venue of selection trials will not be entertained.

8. Physical Standards (Male)

8.1 Height

S No	Regions	Min Ht Reqd (in cms)
1	Western Himalayan. Jammu & Kashmir, Himachal Pradesh, Punjab Hill (Area South and West of the Inter State Border between Himachal Pradesh and Punjab and North East of Road Mukeria, Hoshiarpur, Garh Shankar and Ropar, Garhwal and Kumaon (UK)	163
2	Eastern Himalayan. Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam and Hill Region of West Bengal (Darjeeling Distt)	160
3	Western Plains. Punjab, Haryana, Chandigarh, Delhi Rajasthan and Western Uttar Pradesh (Meerut and Agra Div)	170
4	Eastern Plains. Eastern Uttar Pradesh, Bihar, West Bengal, Jharkhand and Odisha	169
5	Central Plains. Madhya Pradesh, Chhattisgarh, Gujarat, Maharashtra, Dadar Nagar Haveli, Daman & Diu	168
6	Southern Plains. Andhra Pradesh, Telangana, Karnataka, Tamil Nadu, Kerala, Goa and Puducherry, A&N Islands	166
7	Gorkhas	157
8	Ladakhis	157

8.2 **Weight.** Proportionate to height and age as per Army Medical Standards.

8.3 **Chest Expansion.** The candidate should be capable of chest expansion of 05 cms.

9. **Physical Fitness Test (Male).** Candidates will be tested as stated below during the selection trials:-

1.6 Km Run	9 Feet Ditch	Zig - Zag Balance
Need to qualify in 5 Min 45 Sec	Need to Qualify	Need to Qualify

10. **Physical Standards (Female).**

10.1 **Height.** 162 Cms

10.2 **Weight.** Proportionate to height and age as per Army Medical Standards.

10.3 **Chest Expansion.** The candidate should be capable of chest expansion of 05 Cms.

10.4 **Special relaxation for height.** Candidates belonging to following regions will be given 4 cms height relaxation:-

10.4.1 **North East Region.** Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya and Assam.

10.4.2 **Gorkhas**

10.4.3 **Garhwalis**

10.4.4 **Ladakhis**

10.4.5 **Tribals of recognized tribal areas.**

Note. Domicile and Caste certificate will be considered to determine applicability of height relaxation.

11. **Physical Fitness Test (Female).** Candidates will be tested as stated below during the selection trials:-

1.6 Km Run	10 Feet Long Jump	3 Feet High Jump
Need to qualify in 8 Min	Need to Qualify	Need to Qualify

Note :- Waiver in physical standards and tests for both male and female can be given for exceptional talent.

12. **Mandatory Medical Standards**

12.1 Medical examination of candidates who qualify in Physical Fitness Test, Physical Standards Test & Skill Test will be conducted by Army Medical Team at the trials site as per Army Medical standards and policy in vogue on the subject issue.

12.2 Unfit candidates will be referred to MH for specialist review. Candidates to report designated Military Hospital within 05 days from referral and review medical exam to be completed by Military Hospital within 07 days as per policy.

12.3 The recruitment medical officer and the specialist doctors of Armed Forces are the final authorities on declaring a candidate fit or unfit during initial med examination, review medical examination and med examination prior to enrolment. The candidates shall be governed by Army standards which may be at variance from civil standards. There is no provision for representation or appeal or re-review after the review medical examination.

12.4 Passing in the medical examination is not a guarantee for employment in Indian Army.

13. **Consumption of Narcotic Drugs and Psychotropic Substance (NDPS).** Consumption of Narcotic Drugs and Psychotropic substances banned under the NDPS Act 1985 **shall be rejection criteria for selection into the IA.** Direct Entry Havildar and Naib Subedar found either in possession or storing or distributing or consuming such drugs and substances after enrolment shall be liable for disciplinary action including dismissal from the IA. **ZERO TOLERANCE POLICY TO ALCOHOLISM AND SUBSTANCE ABUSE IS FOLLOWED IN IA.**

14. **Body Tattoos.** Permanent body tattoos are permitted, however, tattoos only on inner face of the fore arms (inside of elbow to the wrist), back (dorsal) part of the hand/reverse side of the palm and Tribal with tattoo which are as per the custom and traditions of their tribes may be considered. Offensive, obscene, indecent, sexist or racist tattoos are prohibited regardless of location on the body. However, right to consider a tattoo acceptable or unacceptable will rest with the selection centre. Candidates with permanent body tattoos are to submit two Postcard size photographs (close up and distant view) with details of size and type of the Tattoo during the recruitment trial.

15. **Only Sikh candidates.** Whose religion prohibits cutting of hair or shaving of face, shall be permitted to grow hair and/or retain beard and moustache. Accordingly, those Sikh candidates willing to retain the same as per laid down specification are to get their photographs with beard and moustache.

16. **Pay & Allowances/ Pension.**

16.1 **Pay and Allowances.** Pay & allowances for direct entry Havildar and Naib Subedar shall be same as applicable to existing Regular Serving Personnel of Indian Army as per provision of Army pay Rules, 2017 and amendments thereon.

16.2 **Pension.** Pensionary benefits will be governed as per the extant provisions contained in Pension Regulations for the Army -2008 and amended from time to time.

16.3 **Other Benefits.** All other benefits viz. CSD, medical facilities etc shall be applicable to them, as existing for Regular Serving Personnel of Indian Army and amendments from time to time.

17. **Insurance cover.** Insurance cover and deduction of premium will be applicable as per existing norms applicable for Regular Serving Personnel of Indian Army.

18. **Promotion and Prerequisites.** Promotion prospects exist based on merit up to the rank of **Sub Maj.** Opportunities for promotion to commissioned officer also exist for those who perform well, qualify the prescribed examinations/ selection process and meet the eligibility condition stipulated from time to time.

19. **Post-Retirement Benefits.**

19.1 **ESM Status.** On release from service, the personnel enrolled under this entry shall be entitled to ESM status on completion of initial term of Engagement or as per the provisions contained in ex-servicemen (re-employment in civil services and posts) Rules, 1979, as amended from time to time. ESM quota for employment in Government Jobs, availing ESM facilities of Central/ State Government etc will be applicable to DE Hav & JCOs.

19.2 **ECHS Facility.** Grant fo ECHS facilities to the persons enrolled under this scheme will be governed by the provisions contained in Central Organisation ECHS, AG's Br IHQ of MoD letter No B/49701-PR/AG/ECHS/2019 (as amended from time to time).

19.3 **CSD Facilities.** CSD facilities to such persons will be applicable as per the provision contained in AO 2/2006 QMG (amended from time to time)

20. **Employability & Liability for Service.**

20.1 Individual enrolled under this entry will be liable for service in any part of the world and assigned any duty in organisational interest, as decided from time to time by the IHQ of MoD (Army).

20.2 Reserve liability for as applicable to the existing JCOs/OR.

TRAINING AND INITIAL ENGAGEMENT

21. **Training.** The initial training for the sportsperson will be conducted at designated Regimental Centre followed by Professional training in the allotted trade in various Army Training Establishment. Branch/ Trade will be allocated as per the requirement of Service.

22. **Discharge as Unsuitable.** Havildar & Naib Subedar are liable to be discharged as UNSUITABLE due to unsatisfactory performance at any time during the training.

23. **Probationary Period.** All sportsmen enrolled under this scheme will be placed under a probationary period of 3 years. Havildar & Naib Subedar entries are liable to be discharged if sports performance does not improve to expected levels in the probationary period of three yrs.

24. **Miscellaneous Issues**

24.1 **Dress Regulations.** As applicable for Regular Serving Personnel in Indian Army both during training period and post completion of training.

24.2 **Travel Concessions.** As applicable for Regular Serving Personnel in Indian Army.

24.3 **Authorization of Clothing Items.** As applicable for Regular Serving Personnel in Indian Army as per entitlements.

25. Candidates discharged from Indian Air Force/Indian Navy/any other Government Organisation shall also be eligible subject to their discharge with **NO ADVERSE ENTRIES**. Such candidate has to declare at the Selection Trials venue that he is an Ex-employee of the Organisation discharged from and produce original Discharge Certificate. In case of serving individuals, they must be in possession of NOC from their employer at the time of Selection Trial. If any candidate does not disclose the fact of being employed or that of being an Ex-employee, his candidature shall be cancelled at any stage during the selection process and if selected shall be liable for discharge/dismissal for hiding the fact of his employment and discharge/dismissal from service. **Candidates discharged from Indian Army for any reason are not eligible to appear in the selection trials.**

26. Candidates found under influence of performance enhancing drugs/substance abuse (Dope) while participating in selection trials or any time before the date of enrolment, shall be disqualified immediately and even if caught in dope or under influence of prohibited performance enhancing drugs during the training in the training centre their candidature will be cancelled.

27. Candidates should be prepared to stay for the entire duration of the selection trials and medical examination at place mentioned in call letter for which they have to make their own arrangement.

28. Candidates not reporting for the trial on due date and time shall not be accommodated on other dates/shifts.

29. **Documents Required.** Candidates are to bring the following documents during attending the sports trials :-

29.1 **Photograph.** Twenty(20) copies of unattested recent (taken not more than one month before, from the date of publishing of the advertisement notification) passport size colour photographs developed on good quality photographic paper in white background. **Computerized/ photocopied/ photo shopped photographs will not be accepted.** Photographs must be with proper haircut and clean shave (except Sikh candidates).

29.2 **Education Certificates.**

29.2.1 Education certificate with marks sheet of all education qualification achieved by candidate i.e Matric/Intermediate etc from recognized School/College/Board/University.

29.2.2 Provision /online education certificate should be certified in ink signed by the head of the education institution of concerned Board/University.

29.2.3 Candidates with matric certificate from open school should bring school leaving certificate countersigned by EO/DEO.

29.3 **Domicile Certificate.** Domicile Certificate with photograph issued by Tehsildar/ District Magistrate.

29.4 **Caste Certificate.** Caste certificate affixed with photograph of the candidate issued by the Tehsildar/ District Magistrate.

29.5 **Religion Certificate.** Religion Certificate to be issued by the Tehsildar/ SDM (if religion as "SIKH/ HINDU/ MUSLIM/ CHRISTIAN" is not mentioned in caste certificate).

29.6 School Character Certificate. School Character Certificate issued by the School/ College Principal/ Headmaster where the candidates last studied.

29.7 Character Certificate. Character Certificate with photograph issued by Village Sarpanch/Municipal Corporation within last six months from the date of dispatch.

29.8 Unmarried Certificate. Unmarried Certificate for all candidates with photograph issued by Village Sarpanch/ Municipal Corporation **within last six months.**

29.9 Candidates serving/ discharged from Indian Army/ Indian Air Force/ Indian Navy/ Any other Government Organisation.

29.9.1 Original and four self-attested photocopies of Discharge Certificate (as issued from Indian Air Force/Indian Navy/Government Organisation) Subject to no adverse entry in discharge certificate.

29.9.2 NOC in original and four attested photocopies from the employer for candidates presently serving in any government organization (if applicable).

29.10 Sports Kit. Candidates to bring their own sports gear and equipment for physical fitness test and skill test.

Note. Under no circumstances shall the candidates be permitted to appear in the Trials without Original Educational marks Sheets/Passing Certificates & Documents mentioned above in paragraphs 29 (29.1) to (29.10). However, candidates with photocopies of Educational Marks Sheets/Passing Certificates may be permitted to appear in the Trials only on production of an ink signed certificate in original from College/School Principal certifying that Education Certificates/Marks sheets are deposited with College/School.

SELECTION PROCEDURE

30. The application format is given at the end of this advertisement. The selection procedure is as follows:-

30.1 Application will be received only through post/ offline.

30.2 Short-Listing criteria will be based on higher sports achievements.

30.3 Call up letters to eligible short listed candidates will be sent through email, indicating date, time and place for selection trials.

30.4 All original certificates and mark sheet are to be produced at the time of selection trial.

30.5 Candidates declared Medically Temporary Unfit in the recruitment medical examination can avail specialist review from the specified Military hospital within a maximum period of 21 days. No further review/ appeal is permissible.

30.6 Candidates declared Medically Permanent Unfit in the recruitment medicals can appeal for Specialist opinion in a Military hospital within 21 days on payment of Rs. 10/- by Military Receivable Order (MRO) on Government Treasury (Medical Fitness certificate other than that of the specialist opinion in the designated Military Hospital will be considered). No further review/ appeal is permissible.

30.7 The select list will be prepared from the candidates who qualify in all respects depending upon the available vacancies in particular sports disciplines.

30.8 The candidature of candidates selected is valid for the current batch only.

30.9 All select listed candidates will submit Police Verification form alongwith the Offer of Enrolment and the candidates will be required to submit the same to respective regimental centre at the time of enrolment after getting their antecedents verified on this form from the concerned district police authorities. Candidates without police verification will not be eligible for enrolment.

30.10 No enquiry will be entertained regarding recruitment /enrolment after a period of six month.

31. **HOW TO APPLY.**

(a) **Application Form.** The application form is to be submitted on A4 size paper only as per the given format. Only one application form is to be forwarded, candidates who send more than one application for the same entry will be disqualified. Forms to be downloaded from Internet www.joinindianarmy.nic.in

Note. Attesting Officer's name with office address/seal should be clear and legible.

32. **Important Information.** The terms & conditions given in this advertisement are subject to change and may therefore be treated as guidelines only.

33. **Special Instructions**

33.1 Candidates to produce birth certificate/10th class mark sheet at the time of preliminary document check.

33.2 Candidates are required to report at the Selection Trials Site by 0600 hours on their respective scheduled dates. Candidates reporting after 0600 hours without appropriate justification will not be permitted to participate in the Selection Trials. **Candidate should be clean shaven** (Except Sikh Candidate).

33.3 Personnel e-mail ID and Mobile Number is **Must**. All important message will be sent to their e-mail ID/Mobile Number like short listed/Call letter/joining instruction/result etc. Sharing of e-mail ID and Mobile Number is not permitted. Remember the User Name and Password for future use. (ASCB will not be responsible for not getting required information if e-mail/ Mobile Number of candidates given is wrong/changed).

33.4 Candidate must carry their AADHAR Card as proof of identity which could be authenticated biometrically at the Selection Trials Site. Candidates to ensure AADHAR details are matching with the details mentioned in the documents and the Application.

33.5 Candidate's Name, Father's Name, Mother's Name and DOB must be entered exactly as per Matriculation/10th Class Board Certificate.

33.6 Candidate must enter contact details and permanent home address exactly as per Domicile/ Nativity/ Permanent Residential Certificate issued by Sub Divisional Magistrate/ District Magistrate.

33.7 Those not in possession of required documents will not be permitted to participate in the Selection Trials.

33.8 Recruitment is purely based on merit depending on available vacancies. Candidates do not have any right to claim recruitment in Army for merely having passed in recruitment process.

33.9 Candidates not in possession of requisite certificates are liable for rejection.

34. **Important Instructions**

34.1 Candidates will be permitted entry into the Selection Trials site only on production of Admit Card in duplicate sent online through the official mail redsports.01@gov.in Anyone found with fake admit card will be handed over to Civil Police.

34.2 Recruitment into the army is fair and transparent. Candidates are advised not to pay bribe to anyone for recruitment as it is based purely on merit. Therefore, candidates are advised to be beware of touts as they cannot help them at any stage.

34.3 Giving/taking bribe, production of bogus/fake certificates and indulging in unfair means is a criminal offence and liable for punishment under law. Such candidates will be handed over to Civil Police and their candidature will be cancelled.

34.4 Candidates are advised to check their age & education & Sports achievements criteria before participating in the selection trials. Candidates found under age/overage and not meeting education/sports criteria will be disqualified.

34.5 Certificates with overwriting and tempering of seals or erasing/alteration of any type will not be accepted.

34.6 All documents submitted by the candidates are verified by government agencies before enrolment into Army. Strong legal action will be taken against individuals submitting fake documents. Even after recruitment, the services will be terminated if candidates are found to have produced fake documents or gave wrong information at the time of recruitment, despite the number of years of service individual may have rendered.

34.7 No compensation for Death/Injury/loss etc during the trials and no travelling allowance/dearness allowance for journey is admissible. Candidates will participate in the Selection Trials at their own risk and the participation is totally and entirely voluntary. The signing of Indemnity Bond is a mandatory requirement.

34.8 Character certificate without photo attested by certificate issuing authority will be rejected.

34.9 Candidates to come for the Selection Trials only on the date as per Admit Card.

34.10 Use of Performance Enhancing Drugs. Use of any kind of performance enhancing drugs is strictly banned. Any candidate found in possession of or to have used the same will be debarred from further screening.

34.11 Selection is provisional till they report to the allotted Regimental/ Corps Training Centre for training and their enrolment form is filled.

34.12 Mobile phones are not permitted in the Selection Trials Site.

34.13 Candidates may have to present themselves at Selection Trials site for two to three times. Candidates should make arrangements for stay under their own arrangements.

34.14 Candidates are advised in their own interest to undergo medical exam before coming for selection especially with respect to flat foot, poor vision, deformities and physical measurements. All are advised to ensure that their ears are free of wax by getting it cleaned by a doctor prior to the selection trials.

34.15 No use of contact lenses.

34.16 On selection separate letter will be sent to the candidate to report at Regimental/Corps Training Centre for training. It is responsibility of candidate to check his result and report at designated Regt Centre.

35. In case of any difficulty faced by potential candidates they may contact IHQ of MoD (Army) 011-23019078.

VAC FOR INTAKE SER NO 05/2025

S No	Sporting Discipline	Specific Event/ Position/Category
1	Swimming (Men)	400M, 800M & 1500M (Freestyle) -Long distance. 200M & 400M (Freestyle) - Middle distance event 50M & 100M (Freestyle) - Short Sprinter Event) 50M, 100M & 200M (Backstroke) 50M, 100M & 200M (Butterfly stroke) 50M, 100M & 200M (Breaststroke)
2	Basketball (Men)	Point Guard, Forward, Power Forward & Centre
3	Football (Men)	Attacking Mid Fielder, Defensive Mid Fielder, Goal Keeper, Defender Centre back, Defender wing back
4	Gymnastics (Artistic) (Men)	All Rounder
5	Handball (Men)	Pivot, Right Back, Right Wing & Centre Back
6	Hockey (Men)	Striker, Mid Fielder, Defender (Drag Flicker)
7	Kabaddi (Men)	Left Raider, All Rounder, Left & Right Corner and Left & Right Cover
8	Kayaking & Canoeing (Men)	K-1 and C-1
9	Taekwondo (Men)	Under 87 Kg (Kyourgi)
10	Triathlon (Men)	Not Reqd
11	Volleyball (Men)	Setter, Blocker & Attacker
12	Wushu (Men)	48 Kg, 70 Kg and +90 Kg
13	Karate (Men)	67 kg, 75 Kg and -84 Kg (Kumite)
14	Judo (Men)	- 66 Kg & - 81Kg